

Pacific Dance Center

Official school of

Coast City Ballet



Clara D'Autilia
Director

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*Dedicated to the enrichment of children's life since 1999.
We are very proud of our school and of our dedicated faculty,
and welcome you to experience the magic of dance.*

Clara D'Autilia – Director

GENERAL INFORMATION

The study of dance requires continuity, Pacific Dance Center offers a full range of graded classes, from pre-ballet to pre-professional training. We provide a unique opportunity for students of all ages and abilities to study the traditions and discipline of the Cecchetti Ballet Method. We also incorporate other styles of dance into our classes to ensure that our students are able to adapt to different dance and choreographic techniques.

We believe, as Balanchine did, that the quality of ballet instruction is as important as the quantity. This philosophy is followed by some of the most prestigious schools in the United States. Whether a student's goal is a career in dance or dancing purely for recreation, our staff offers personal attention and professional training to match each student's interests. Class levels and typical ages of students are listed in this brochure. Please remember that there are always exceptions to each rule. Progress and accomplishments are determined by effort in class and consistent attendance, students who spend a great deal of time in class usually excel technically and artistically. Strength, stamina and the ability to dance *en pointe* is determined by the amount of time and effort devoted to class work.

STUDIO GUIDELINES

Pacific Dance Center strives to maintain a safe environment that is conducive to learning. Students are expected to conform to the Studio Guidelines. Proper respect for the directors, staff, and fellow students is expected of all students and parents. The studio reserves the right to suspend or dismiss any student whose attitude, attendance or conduct is found to be unsatisfactory.

REGISTRATION

Families new to our school should visit PDC studios to obtain registration forms and arrange for a placement class. These forms must be completed and returned to the studio prior to admission.

PLACEMENT

To determine the proper class level for their age, natural ability and previous training entering students are required to take a placement class arranged by the director or instructor. (Pre-ballet and Adult levels do not require a placement class)

ADVANCEMENT/EVALUATIONS

Students are evaluated several times during the year to ensure proper class level and to maximize potential. The curriculum for each level is mandatory, however, good attendance alone will not assure advancement; age, accomplishment, potential, dedication, and the amount of time and effort devoted to class work are also determining factors. Student and parents will be notified if student is to be moved to a different level.

COMMUNICATION

Our primary source of communication is **email**. Please check your email regularly and notify us of changes.

DRESS CODE

Tot-PreBallet: Pink leotard, pink PDC tights, pink ballet slippers. Hair **must** be in a bun.

Ballet: Black leotard, pink PDC tights, pink ballet slippers. Hair **must** be in a bun.

Jazz /Lyrical: Black or tan tights, jazz pants or shorts, leotard, jazz shoes. Hair **must** be pulled back of face.

Tap: Any combination of above or leotard and skirt, tap shoes. Hair should be pulled back of face.

No: Crop tops, half shirts, loose spaghetti straps, shorts or baggy clothing are to be worn.

Students must wear street clothes and/or cover ups over their dance attire when going to and from the studio. No Street shoes allowed in dance floors.

FACILITIES AND CLASS VIEWING

For the safety and comfort of our students, our studios have sprung dance floors.

Parents may view classes **once a month**. While viewing classes parents must refrain from speaking to, or correcting students and should stay off the dance floor, thus minimizing distractions and enabling students and instructors to make the most of every lesson.

NO cell phone use in studio

LOST AND FOUND

Pacific Dance Center is not responsible for lost or stolen items. Articles left at PDC will be placed in the lost and found bins. Unclaimed items will be periodically donated to CHOC/ Goodwill



CURRICULUM

Level A - Tot and Pre-Ballet

Children ages 3 to 5. Classes are 45 minutes long. Introduction to Barre work, feet, hand positions; beginning steps are combined with creative dance to encourage the joy of movement in preparation for Levels B- C.

Levels B to C – Pre-Ballet 1 - 2

Children ages 6 to 11. Classes emphasize ballet technique and structure, and continue introducing the children to ballet barre work. Students are encouraged to take a minimum of 2 classes per week. Classes are one hour long.

Levels D to F – Ballet I / II

Children ages 8 to 13. By evaluation or placement class only. Pointe work is introduced in Ballet II. At this level technique, stamina, creativity, and discipline are developed. Older beginner students start in this level. (Supplemental private or semi-private lessons will help these students catch up to their age group). Classes are one hour long, and students are required to attend a minimum of 3 classes per week.

Levels G to I - Ballet III / IV /Pointe - Advanced/pre professional

By evaluation or placement class only. Advanced/pre-professional training for serious students. A minimum of 5 classes per week, Pointe and pas de deux required.

Levels F thru I - Teen and Adult

For teen and adults who desire to begin or continue ballet training for recreation and exercise; also for the serious dancer.

REQUIRED CLASSES

Students are required to take a minimum number of classes per week depending on level:

- Tot-Ballet - - - - - One class per week
- Pre-Ballet - - - - - One class per week – Tap-jazz optional
- Ballet I - Level D - - - - - Two classes per week. Tap-Jazz optional
- Ballet II – Level E/F - - - - - Three classes per week. Jazz-Lyrical optional
- Intermediate (G) - - - - - Four classes per week- Jazz – lyrical optional.
- Advanced/Pre-professional H/I - - Five or more classes p/week-Pointe/pas de deux req.



SPECIAL PROGRAMS

YOUNG CHOREOGRAPHERS WORKSHOP

An interactive program designed to inspire and expose aspiring young choreographers to all aspects and complexity of choreography: Auditioning dancers – Music selection – Costume selection/design – Stage presentation – Set design – Promotion – The workshop culminates in a performance showcasing the young choreographers works.

JUNIOR SUMMER PROGRAM

A program designed for younger students featuring classes in ballet, jazz, tap, lyrical, as well as make up, costume design and arts and crafts. This program culminates with a performance.

PERFORMING OPPORTUNITIES

Ballet is a performing art, participation in performances is an important part of dance training. We provide two opportunities for performance experience each year: in June we stage our Annual Studio Performance and in December, PDC students are invited to audition for Coast City Ballet’s production of The Nutcracker. Students are also invited to participate in various Outreach Programs through the year.

In order to participate in school performances students must have had consistent class attendance for a minimum of three months of classes prior to the performance.

COAST CITY BALLET

Advanced/pre-professional students have the opportunity to join Coast City Ballet (CCB) our resident company. CCB offers a link between dance training and performing by providing dancers and choreographers of all levels with a forum to explore their talents, gain experience, and grow as performers. Comprised of dancers ages 10 through adult, under the direction of Clara D’Autilia, Coast City Ballet members receive the special care and attention needed to become dancers; a solid base in technique, and the opportunity to work and perform in a professional setting. Additionally, as active members of the community Coast City Ballet foster excellence in the arts and in education through educational outreach programs and the presentation of live performances at prices affordable to all segments of the population.